

# ENCORE

## School of Dance



## Classes

### **Ballet: 75 minute class/\$100 per month or 90 minute class/ \$110 per month**

Advancement is based on correct placement, skill mastery and instructor recommendation – not by age – which means classes have a variety of age levels. The class introduces an advanced level of ballet movements and terminology and explores original choreography from ballet variations. Each class incorporates a formal ballet warm-up, training of proper ballet technique and combinations using ballet movements and technique learned from prior classes in addition to this advanced level class

### **Pointe: 30 minute class/\$65 per month**

Admission into this class is by instructor recommendation only. This class will combine all aspects of ballet. Students will develop the muscles in their legs and feet to successfully and safely dance on pointe.

### **Lyrical/Contemporary: 45 minute class/\$75 per month**

Advancement is based on correct placement, skill mastery and instructor recommendation – not by age – which means classes have a variety of age levels. This class further develops student technique through more intricate and complex across the floor and center floor combinations. This level incorporates more emotions and inspiration while utilizing jazz technique. Students must be enrolled in a ballet class.

### **Jazz: 45 minute class/\$75 per month**

Advancement is based on correct placement, skill mastery and instructor recommendation – not by age – which means classes have a variety of age levels. This class introduces an advanced level of jazz movements and terminology and begins exploring elevated levels of turns and leaps. Combination instruction will be taught at a faster pace focusing on style, flexibility and incorporating more difficult technique.

### **Tap: 45 minute class/\$75 per month**

Advancement is based on correct placement, skill mastery and instructor recommendation – not by age – which means classes have a variety of age levels. This class focuses on developing a strong sense of coordination and agility.

### **Hip Hop: 45 minute class/\$75 per month**

This class introduces a new level of hip hop movements and terminology as well as additional tricks used in the hip hop form of dance. Different hip hop styles and performance techniques will be taught at a faster pace for exercise in choreography retention. This class focuses on developing the dancer's individual personality and style of dancing while introducing specialty elements. Focus changes frequently to allow dancers an opportunity to hone their talents and dance more dynamically.

### **Strength & Conditioning: 45 minute class/\$75 per month**

This class is a full-body strength and conditioning class with cardio bursts designed to tone and improve endurance! Students will also learn proper nutrition and healthy, science based lifestyle habits that create strong, healthy bodies.

### **Technique: 1 hour class/\$90 per month**

This class is for advanced dancers and focuses on turns, leaps, stretching and strengthening with across the floor combinations. It is a nice addition to a regular level jazz class to really fine tune a dancers skills. Students looking to accelerate learning are encouraged to take this class. Each exercise is designed for you to respect your personal physical limitations as well as comfortably challenge yourself.

### **Tumbling: 1 hour class/\$90 per month**

This class introduces more advanced tumbling and acro skills. Students will work on intermediate tumbling including back walkovers, front walkovers, round offs, aerials, back handsprings and intermediate acro skills. After mastering the intermediate skill, they will progress to more advanced tumbling and acrobatic tricks. Students must be approved by instructor to be in Level Three. Students must have a back handspring, front walkover, back walkover and an aerial to be in this class.

**Register & view class  
days/times online!**

[www.encoreschoolofdance.com](http://www.encoreschoolofdance.com)

# 2024/2025 LEVEL & ADULT CLASSES

More Than Just Great Dancing!<sup>®</sup>  
Affiliated Dance Studios

ESOD's classes build on the foundations developed to build strength, control and flexibility - all while gaining confidence, with artistic expression and new styles. Students must be approved for the appropriate level by an instructor.

## TUITION

TUITION IS DUE ON THE 15TH OF THE MONTH PRIOR.  
TUITION THAT IS PAID AFTER THE 15TH WILL RESULT IN A \$25 LATE FEE.

### Registration Fee: (non-refundable)

NEW STUDENT: \$55

RETURNING STUDENT: \$35

SIBLINGS: \$15

### Tuition:

30 MINUTE CLASS - \$65

45 MINUTE CLASS - \$75

1 HOUR CLASS - \$90

75 MINUTE CLASS - \$100

90 MINUTE CLASS - \$110

STEPS OF PRAISE - FREE



## LEVEL 1

<b>Ballet</b>	Wednesdays 7:30 - 8:30
<b>Lyrical*</b>	Tuesdays 8:00 - 8:45
<small>*Must be enrolled in a ballet class</small>	
<b>Technique</b>	Wednesdays 4:45 - 5:45
<b>Tap</b>	Thursdays 8:15 - 9:00
<b>Jazz</b>	Tuesdays 6:30 - 7:15
<b>Hip Hop</b>	Thursdays 7:00 - 7:45
<b>Tumbling</b>	Thursdays 4:45 - 5:30

## LEVEL 2

<b>Ballet</b>	Tuesdays 5:00 - 6:15
<b>Pre/Beg. Pointe*</b>	Tuesdays 6:15 - 6:45
<small>*Must be approved by instructor</small>	
<b>Lyrical*</b>	Wednesdays 5:45 - 6:30
<small>*Must be enrolled in a ballet class</small>	
<b>Technique</b>	Tuesdays 8:30 - 9:30
<b>Jazz</b>	Wednesdays 7:30 - 8:15
<b>Hip Hop</b>	Thursdays 6:15 - 7:00
<b>Tumbling</b>	Mondays 4:15 - 5:15

## LEVEL 3

<b>Ballet</b>	Tuesdays 6:45 - 8:00
<b>Pre/Beg. Pointe*</b>	Tuesdays 6:15 - 6:45
<small>*Must be approved by instructor</small>	
<b>Lyrical*</b>	Tuesdays 8:00 - 8:45
<small>*Must be enrolled in a ballet class</small>	
<b>Technique</b>	Wednesdays 5:00 - 6:00
<b>Jazz</b>	Tuesdays 8:45 - 9:30
<b>Hip Hop</b>	Tuesdays 8:15 - 9:00
<b>Tumbling</b>	Mondays 6:15 - 7:15

## LEVEL 4

<b>Ballet</b>	Thursdays 7:45 - 9:15
<b>Lyrical*</b>	Thursdays 6:30 - 7:15
<small>*Must be enrolled in a ballet class</small>	
<b>Int. Pointe*</b>	Thursdays 7:15 - 7:45
<small>*Must be approved by instructor</small>	
<b>Technique</b>	Wednesdays 7:30 - 8:30
<b>Jazz</b>	Tuesdays 6:15 - 7:00
<b>Hip Hop</b>	Tuesdays 8:15 - 9:00
<b>Tumbling</b>	Mondays 5:15 - 6:15

## LEVEL 5

<b>Ballet</b>	Thursdays 7:45 - 9:15
<b>Lyrical*</b>	Thursdays 6:30 - 7:15
<b>Int. Pointe*</b>	Thursdays 7:15 - 7:45
<small>*Must be approved by instructor</small>	

## SPECIALTY CLASSES

**Drill Team Prep** Wednesdays 7:00 - 7:45

## ADULT CLASSES

<b>CDJ</b>	Wednesdays 7:45 - 8:45
	Fridays 5:45am - 6:45
<b>Hip Hop</b>	Fridays 6:15 - 7:15
<b>Tap</b>	Fridays 5:15 - 6:15

**Classes begin Monday, August 19th!**

\*Schedule is subject to change.